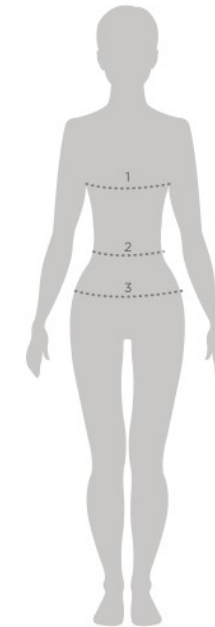


SIZE	CHEST	WAIST	HIP
8	78-83	66-70	80-85
10	84-89	70-74	86-91
12	90-95	74-78	92-97
14	96-101	78-82	98-103
16	102-107	82-86	104-109
18	108-113	86-90	110-115
20	114-119	90-94	116-121
22	120-125	94-98	122-127
24	126-131	98-102	128-133
26	132-137	102-106	134-139
28	138-143	106-110	140-145



### How to Measure

#### 1. Chest Circumference

Measure around the fullest part of the bust with the arms down. Keep the tape level.

#### 2. Waist Circumference

Measure around the narrowest part of the waistline located above the belly button and below the rib cage. Keep the tape level.

#### 3. Hip Circumference

Measure around the widest part of the natural hip line. Keep the tape level.

Please note that all measurements are in centimeters.

When measuring for pants the hip measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.